

# IPS provides advantages for EPI clients even when baseline employment rates are high

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## Background

**IPS:** “Gold-standard” for enhancing employment for mental health clients.

**Evidence:** Largely older clients; 15-20% work at baseline; 50% work with IPS

**IPS@EPI:** Published RCTs Killackey et al., 2008, 2010; Bond et al., 2016

**Hypothesis:** IPS will increase employment over 1 year, in population-based EPI program.

## Methods

**RCT:** 109 clients recruited over 2 years; 50% randomized to IPS added to TAU

**IPS:** 1 year; “Good” Fidelity

**Asst:** baseline; 6 & 12 months

## Results

**Sample:** 82% male; age  $23 \pm 3.4$  yrs; 51% schiz-spectrum

**Attrition:** 5% lost to f-up; clinical records augment missing I/Vs (38%)

**Analyses:** Log-transformed repeated-measures ANOVA; chi-square

# Results

## IPS in EPI improves employment over 1 year

\*% Employed:  $X^2$   $p < .01$  for 6-12 months

\*\*Days worked: log-transformed repeated-measures ANOVA

-- time ( $F=3.48$ ,  $df$  2)  $p=.03$

-- group x time ( $F=4.04$ ,  $df$  2)  $p=.02$

Thx to: Clients & families,  
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Figure 1. % Employed\*

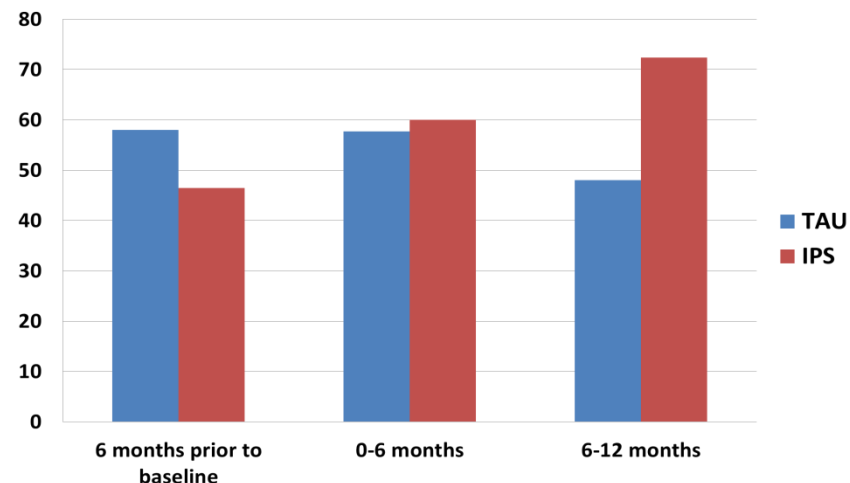


Figure 2. Days worked\*\*

